

An educational division of
Dr. Sajikumar's
GAYATHRI MEDICAL INSTITUTIONS PVT LTD
As a sectoral partner, powered by
MEDHAVI SKILLS UNIVERSITY, SIKKIM
(UGC Approved)

GYCORE

Our innovative entrepreneurship in the world of carrier development & satisfaction with our vision of 'Work & Study' on industrial basis...

Gycore is an education wing of Dr Sajikumar's Gayathri Medical Institutions Pvt Ltd with presence throughout Kerala headed by Gayathri Multispecialty Ayurveda Hospital & Rheumatology Research Centre is adorning the new education policy by Govt of India for the empowerment of career skills, as a sectoral partner of Medhavi Skills University (MSU), Sikkim (UGC approved) in Kerala.

Gycore skill development Programs have been directed by Dr M R Vasudevan Namboothiri (Rtd Director, Ayurveda Medical Education & Rtd Principal, Govt Ayurveda College, Tvm) and Dr Vishnu ML (Physician & Academic Co-Ordinator, Gycore), and the program is founded by Dr Sajikumar E A (Managing Director, GMI Pvt Ltd).

Our education programs include Certificate (6 months), Under Graduate Diploma (2 years), Post Graduate Diploma (1 year) and Degree (3/4 years) regular courses in various disciplines.

Our Courses:

SL No	Courses	Duration	Eligibility
1	Professional Diploma in Yoga	1 year	Plus Two
2	Certificate in Care Giving	6 Months	Plus Two
3	Diploma in Ayurvedic Nursing	2 years	Plus Two
4	Diploma in Hospital Administration	2 years	Plus Two
5	Diploma in Ayurveda Pharmacy	2 years	Plus Two
6	Diploma in Ayurvedic Medical Preparations	2 years	Plus Two
7	Certificate in Panchakarma	6 Months	Plus Two
8	Diploma in Panchakarma	2 years	Plus Two
9	PG Diploma in Anushastra	1 year	BAMS
10	PG Diploma in Ksharasutra	1 year	BAMS
11	PG Diploma in Rehabilitation and Palliative Care in Arbuda	1 year	BAMS
12	PG Diploma in Life Style Diseases	1 year	BAMS
13	PG Diploma in Ayurvedic Diet and Nutrition	1 year	BAMS
14	PG Diploma in Ayurveda & AI	1 year	BAMS
15	PG Diploma in Healthcare & AI	1 year	Any Degree

PROFESSIONAL DIPLOMA IN YOGA

A diploma in yoga equips individuals with comprehensive knowledge and practical skills in yoga, promoting overall health, relaxation, and stress management. Yoga is increasingly recognized worldwide for its therapeutic benefits in improving flexibility, strength, and mental clarity. In today's fast-paced world, there is a growing need for practices like yoga that promote holistic health and well-being. The diploma course meets this demand by training individuals to become certified yoga instructors or practitioners capable of guiding others in achieving better health through yoga. The scope of a diploma in yoga course typically covers various aspects such as Yoga philosophy and history, Asanas (postures) and their benefits, Pranayama (breathing exercises), Meditation techniques, Anatomy and physiology relevant to yoga, Teaching methodologies and class management. Graduates can work in fitness centers, wellness resorts, schools, healthcare settings, or even start their own yoga studios. They play a crucial role in promoting physical fitness, mental relaxation, and overall well-being among individuals of all ages and backgrounds. A diploma in yoga not only enhances personal health but also prepares individuals to contribute positively to the health and wellness industry, meeting the increasing demand for qualified yoga instructors and practitioners globally.

Eligibility : Plus Two

Duration : One Year

Classes & Activities

- 40% theory & 60% practical
- Practical classes will be conducted on the industry itself ie. On the work place
- Theory classes will be both physical, online and multimedia classes
- Medium of teaching will be Malayalam & English

For more details, please visit website :
<https://www.gayathriayurvedics.in>

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